

Mental health and well-being in later life – Moving forward?

“It feels like I’m invisible now and I think sometimes I don’t get offered services because I’m old.”*

Tuesday 8 July 2008

The Radisson SAS Portman Hotel,
London W1

Good mental health among older people is essential if we are to reap the rewards of their contributions in an ageing society. Yet action to promote good mental health has often excluded older people.

Mental health problems are not an inevitable part of ageing and many problems can be prevented or alleviated. Yet a cloud of defeatism often hangs over discussions about older people’s mental health.

But there are signs of positive change; local authorities are beginning to develop their potential to improve the well-being of all of their communities; pilot projects are testing out new ways of preventing mental health problems and helping older people retain their independence; the new programme of psychological therapies is intended to be available to all who can benefit (including older people); and 2008 will see the launch of the first national dementia strategy in England.

Conference aims

Building on the reports from the independent UK Inquiry into mental health and well-being in later life, this conference will:

- explore the latest developments in policy and practice
- showcase innovative service developments
- explore the theme of age equality
- enable delegates to give feedback on the draft national dementia strategy
- provide an opportunity for delegates to focus on areas specific to their area of work
- provide a forum for discussion and debate.

Programme

“It is upsetting to feel like a second class citizen because I am above retirement age.”*



- 09.30 Registration
- 10.00 Chair's welcome and update on progress with Inquiry recommendations
[Dr June Crown CBE](#), Vice President, Age Concern and Chairman, UK Inquiry into Mental Health and Well-Being in Later Life
- 10.15 A view from an older person
[Stephen Townsend MBE](#)
- 10.30 Promoting good mental health and well-being for all older people: What can local authorities do?
[A representative from the Audit Commission](#)
- 10.50 Preventing mental health problems: Local action
[Simon Goodenough](#), Devon Upstream Project
- 11.10 Age equality: is it good for mental health?
[Nadine Schofield](#), National Programme Lead for Older People's Mental Health, CSIP
[Dr Jane Garner](#), Consultant Psychiatrist, Barnet, Enfield and Haringey Mental Health NHS Trust
- Questions and discussion
- 11.40 Refreshment break
- 12.00 [Discussion seminars: Promoting good mental health and preventing problems](#)
- 13.00 Lunch
- 14.00 [Discussion seminars: Services and support for older people with mental health problems](#)
- 15.00 Refreshment break
- 15.20 A national dementia strategy: What will it mean?
[Professor Jane Gillard](#), National Dementia Strategy Project
- A national dementia strategy: Consultation
Round table discussion
- Chair's concluding thoughts
- 16:30 Close

Welcomed and supported by the Mental Health and Well-Being In Later Life programme

Care Services Improvement Partnership 

National Institute for Mental Health in England

Discussion Seminars

Promoting good mental health and preventing problems

Commissioning for wellness

Jeff Love, Joint Commissioning Unit, Stoke on Trent

A health-promoting environment

Dave Leonard, WHO Healthy City Co-ordinator, Sunderland

Preventing mental health problems – learning from the Camden PoPP

Rebecca Harrington, Assistant Director – Strategic Planning and Joint Commissioning, Camden Council & Camden PCT

David Richards, Age Concern Camden

Housing to promote good mental health

Sue Adams, Director, Care & Repair

Sarah Vallely, Research Manager, Housing 21

Services and support for older people with mental health problems

In care homes

Bernadette Donnelly and Gerard Stanley, Older People's Specialist Nurses, Care Homes Support Team, King's College Hospital NHS Foundation Trust, London

In acute hospitals – learning from the Let's Respect Programme

Marie Barnes, Nurse Consultant for Older People's Services, and

Jill Cunliffe, Nurse Specialist for Older People's Services, St Helens and Knowsley Teaching Hospitals NHS Trust

In the community – flexible care

Mary Daniel, Chief Executive, Age Concern Oxfordshire City and County

Improving access to psychological therapies for older people

Matt Fossey, Policy Lead – Improving access to psychological therapies, Department of Health

Dr Amanda Gatherer, Consultant Clinical Psychologist,

Coventry & Warwickshire Partnership Trust

Kate Richmond, Director – Psychological Support Services, Age Concern Warwickshire

“(what makes things worse is) being kicked out of my drop-in centre because of my age. Mental illness does not go away at 65!”*



“The thing is if you've got a broken arm you've got people wanting to help – ‘Let me cook you a meal’. But if you've got a broken heart and a broken head they just don't want to know.”*



Who should attend?

This conference will benefit all those with an interest in mental health and well-being in later life, in particular:

Policy makers and planners

Local Authorities

Primary Care Trusts

NHS Trusts

Housing providers

Care home providers

Domiciliary care providers

Older people's organisations

Mental health organisations

Health and care professionals

Regulators

Commercial organisations

Academics

Older people

“Believe in yourself. Have dignity. Self-love and self-respect. Hold your head up high. Don't feel sorry for yourself. Stay young and fit. Don't think you have to act your age. Grow old disgracefully.”*

Further information

Venue

The Radisson SAS Portman Hotel
22 Portman Square
London W1H7BG
T: 020 7208 6000
F: 020 7208 6001
www.london.radissonsas.com

Location

The hotel is located within walking distance of Marble Arch (Central Line) and Bond Street (Central line/Jubilee Line).

Conference fees

Full	£299 + VAT	(£351.32)
Voluntary sector	£179 + VAT	(£210.32)
Retired	£39 + VAT	(£45.82)

The conference fee includes access to the conference, two discussion seminars, lunch and refreshments.

Exhibition opportunities

If you are interested in exhibition opportunities at this conference, please contact the Communication Events Department on 020 8765 7601.

www.ageconcern.org.uk/mentalhealthconference

*UK Inquiry into Mental Health and Well-Being in Later Life (2007)



Contact details

Communication Events Department
Age Concern England
Astral House
1268 London Road
London
SW16 4ER

T: 020 8765 7602

F: 020 8765 1366

E: eventsdept@ace.org.uk

Registered Charity No. 261794
41_0408 Mental Health / 4,000

Booking form

Delegate details (*This is as it will appear on your delegate badge)

Title _____ Name _____

Company* (if applicable) _____

Position _____

Address _____

_____ Postcode _____

Tel _____ Fax _____

Email _____

How did you hear about this conference? _____

Have you attended an Age Concern Conference before? _____

Discussion seminars

There are two discussion seminar sessions. Please indicate your first and second choice for each session. Places will be allocated on a first come, first served basis.

Promoting good mental health and preventing problems

Commissioning for wellness

A health-promoting environment

Preventing mental health problems – learning from the Camden PoPP

Housing to promote good mental health

Services and support for older people with mental health problems

In care homes

In acute hospitals – learning from the Let's Respect Programme

In the community – flexible care

Improving access to psychological therapies for older people

How to book

Online: www.ageconcern.org.uk/mentalhealthconference

Fax: 020 8765 1366

Post: Communication Events Department
Age Concern England
Astral House, 1268 London Road
London, SW16 4ER

Enquiries: 020 8765 7602
eventsdept@ace.org.uk

Individual requirements

Please let us know if you have any special requirements. You may be contacted to discuss how best we can meet these requirements. The venue has full disabled access.

- I am a wheelchair user
- I have restricted mobility
- I require an induction loop
- I require a special diet (please specify)

 Other (please specify) _____

Rates

Please tick one of the following delegate rates

Full £299 + VAT (£351.32)

Voluntary sector £179 + VAT (£210.32)

Retired £39 + VAT (£45.82)

If applicable please attach proof of charitable status with your booking.

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Payment details

Enclosed is a cheque made payable to Age Concern England for:

£351.32 £210.32 £45.82

Please charge my Switch / Visa / Mastercard:

£351.32 £210.32 £45.82

Card number

Start date / Expiry date /

Issue number (switch only)

Name of cardholder _____

Please tick if you require a receipt

Please tick if you require an invoice

PO number _____

Delegate rate _____

Authorisation

I wish to book the above delegate place for **Mental health and well-being in later life – Moving forward?** on **Tuesday 8 July 2008** at the **Radisson SAS Portman Hotel, London W1** and understand this is made subject to the booking terms & conditions.

Signature _____

Date _____

Confirmation

Once we have received your booking form with payment, confirmation will be sent by email.

www.ageconcern.org.uk/mentalhealthconference

Terms and conditions

ACE reserves the right to make changes to the programme, speakers or venue should this become necessary and without notification. In the unlikely event of ACE having to cancel the conference, ACE's liability to delegates arising out of such cancellation will be restricted to the refund of any fees paid in advance by the delegate.

ACE will not be held responsible for travel, accommodation, or other contingent expenses for delegates who fail to attend the conference for any reason.

Payment and cancellation

The booking form is a binding contract between the delegate and Age Concern England. You or your organisation must pay Age Concern England the full price for the booking before the conference takes place. A receipt for payment will be issued on request.

If you wish to cancel your booking you must give written notice to ACE of such cancellation. If you cancel your booking a charge will be made and calculated as a percentage of the total booking value according to the scale below:

- 28 days prior to the event 50%
- 14 days prior to the event 80%
- 7 days prior to the event 100%

Data protection act 1998

We would like to keep you informed about Age Concern initiatives. Please tick the box however, if you object to us:

- (a) telling you about our charitable activities
- (b) allowing your local Age Concern to tell you about their charitable activities
- (c) passing your details to associated trading companies of Age Concern* so that they can inform you about their products and services

*associated trading companies of Age Concern means the trading company of Age Concern England (Age Concern Enterprises Limited and its subsidiary or associated companies) and the trading companies of members of the Age Concern federation.

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